

RESERVATION FORM: PLEASE PRINT

Mother/Guardian Name: Ms./Mrs. _____

Mother/Guardian Address _____

City _____ ST _____ Zip _____

Home Phone/Area Code _____

Cell Phone _____

Email _____

Employer _____

Work Ph/Area Code _____

Father/Guardian Name: Mr. _____

Father/Guardian Address (if different than Mother's) _____

City _____ ST _____ Zip _____

Home Phone/Area Code _____

Cell Phone _____

Email _____

Employer _____

Work Ph/Area Code _____

Are you or your child currently an ADA Member? Yes No

If Yes, list Member #: _____

(member # found on Diabetes Forecast label)

Child's Name (first, last, middle) _____

Child's Address (if different than parent) _____

City _____ ST _____ Zip _____

Home Phone/Area Code _____

(if different than parent)

Child's County of Residence _____

Child's Date of Birth (month/date/year) _____

Fall 09 Grade Level _____

Age on Camp Date _____ Gender Male Female

Ethnicity _____

School Name _____

Type of Diabetes _____

Date of Diagnosis _____

Diabetes Physician's Name (1st & Last) _____

Diabetes Physician's Address _____

City _____ ST _____ Zip _____

Mail Information to the following address: (check one)

Mother's/Guardian Father's/Guardian

I would like to receive a Financial Aid Application in addition to the Camp Application. Yes No

A reservation for your child will only be held if the non-refundable deposit is enclosed with this form.

1st Program & Session Choice: _____

2nd Program & Session Choice: _____

I agree to pay both the non-refundable deposit of \$55 and the Camp Fee for a total of \$ _____ by July 15, 2009 unless financial aid is awarded. Enclosed is my non-refundable deposit of \$55.

Signature of Parent or Guardian _____

Send check or money order payable to: American Diabetes Association
1730 Minor Ave, Suite 920, Seattle, WA 98101.

For Office Use Only: Amount Enclosed \$ _____

Amount Due \$ _____

Keep your eyes open for your Camp Application!



WE'RE HERE FOR YOU!

Camp is one part of our commitment to families of children with diabetes. The American Diabetes Association involves families year-round through Family Resource Network. To learn more, visit: www.diabetes.org/families or www.diabetes.org/planetD

CHANGES & IMPROVEMENTS

In an effort to better serve campers with diabetes, the Washington State Diabetes Camp Program is embarking on some exciting new changes. With the consolidation of our two camping programs into one, ADA Washington will now focus its efforts on improving the programming, safety, and efficiency of Camp Sealth. Some of these changes will include establishing goals for every camper with diabetes to help improve their diabetes management skills, as well as making medical professionals more readily available throughout the Camp Sealth campus to help ensure the safety of each camper during activities. Overall, Camp will still look much the same; the improvements being made will only serve to enhance the existing program. Through this, it is our hope that parents will have a greater sense of security while their child(ren) make lasting memories and experience all of the fun that Camp has to offer!



QUESTIONS? CONTACT

Alyssa Olsen

American Diabetes Association

E-mail: aolsen@diabetes.org

Phone: 888-DIABETES x 7202 or 206-282-4616 x 7202



American Diabetes Association.

CAMP 

Camp Sealth • Vashon Island, WA

Session 5: July 28 - August 3, 2009
Session 6: August 4 - August 7, 2009
Session 5/6: July 28 - August 7, 2009

Held at Camp Sealth

diabetes.org/adacampsealth

OUR CAMPERS

- Explore the great outdoors and enjoy traditional camp activities.
- Discover new things about yourself and how you can manage diabetes.
- Connect with other kids and adults living with diabetes.
- Have fun at summer camp—just like any kid!

PARENTS KNOW THEIR KIDS ARE

- Surrounded by health professionals with diabetes expertise who provide continuous medical supervision.
- Learning to balance nutrition, physical activity and diabetes care.
- Meeting friends who understand what it's like to be a kid with diabetes.
- Gaining confidence, discovering new skills and learning respect for nature, themselves and others.

THE AMERICAN DIABETES ASSOCIATION'S CAMP PROGRAM

The American Diabetes Association (ADA) is proud to be the leading provider of Diabetes Camps and serve as a financial supporter for other diabetes camps across the country. Through these efforts, the Association serves more than 10,000 children with diabetes each year.

The mission of the ADA is to prevent and cure diabetes, and to improve the lives of all people affected by diabetes. ADA Diabetes Camps fulfill a big part of our mission leaving a long-term, positive impact on children's lives and families.



CAMP NEEDLEPOINT ACTIVITIES

- Swimming
- Fishing
- Kayaking
- Canoeing
- Volleyball
- Basketball
- Hiking
- Archery
- Horseback
- Riding
- Sing-a-Long
- Campfire
- Arts & Crafts

ABOUT ADA AND CAMP SEALTH

Camp Sealth is a program owned and operated by Camp Fire USA. The American Diabetes Association recruits leading medical professionals in our local community to provide all medical care for campers with diabetes. It is hoped that each child who attends Camp grows as an individual through the ideas and experiences shared. The ADA Washington State philosophy is that children and teens with diabetes can be successfully mainstreamed into existing traditional summer camp programs. This means that ADA Campers at Camp Sealth will be in cabins with children who do not have diabetes, so they can come to camp with their best friend or sibling! However, be assured that medical staff, testing supplies and low blood sugar treatments are available throughout daytime activities and during the night as needed. Additionally, while the food choices at meal times are not always sugar free, registered dietitians are available to help campers work these foods into their meal plan. With this philosophy, campers emerge from Camp Sealth with a better understanding of how to live as someone with diabetes in real life situations.

WHEN: Session 5: July 28 - August 3, 2009
Session 6: August 4 - August 7, 2009
Session 5/6: July 28 - August 7, 2009

WHERE: Camp Sealth
14500 SW Camp Sealth Rd.
Vashon Island, WA 98070

AGE RANGE: Grades 1-12

COST: Non-refundable Deposit \$55
Remaining Camp Fee Varies
Total Cost Varies

The Camp fee includes medical supervision, snacks, supervised program activities, most diabetes supplies and an American Diabetes Association Camp T-shirt.

The true cost for a camper to attend is \$1425, but families pay as little as \$320 per camper. Need help paying for camp? Financial assistance is available, excluding non-refundable deposit.

DIABETES MANAGEMENT BY ADA

Campers meet with medical staff before each meal and at bedtime. Discussion of meal choices with dietitians, followed by blood sugar testing, and insulin dosing with physicians and nurses is completed. Together, the medical staff and camper decide the appropriate insulin dose based on food choices, individual carbohydrate to insulin ratios and correction factor. Blood sugar testing and insulin adjustments are done on an "as needed" basis during scheduled activities and at night. Every child enters camp at a different stage of diabetes self-management, and the medical team is there to provide the highest quality care and support for each one.

HOW ADA MAKES CAMP POSSIBLE

Throughout the year, the Association raises funds through donations and local fundraising events. The generosity of donors allows the Association to offer every camper nationwide a significant reduction in Camp fees.

You can help support the American Diabetes Association's Camp program by donating to the Association or participating in one of our local fundraising events. Visit www.diabetes.org to learn more or call 1-888-DIABETES to get involved locally.

REFUNDS

Refunds are only available for campers who cancel in writing at least 60 days prior to the first day of Camp, or for campers who suffer illness or tragedy. The deposit will not be refunded. Complete refund information will be provided when you register for Camp.



CARE AT CAMP

ADA's first priority is the physical and medical safety of your child while they enjoy a traditional camp experience. It is not perfecting blood sugar management. Our staff includes:

- Physicians, nurses, and other health care providers who provide round-the-clock medical supervision.
- Registered dietitians who plan meals and snacks, and manage all special dietary needs.
- Registered dietitians from ADA and the Gluten Intolerance Group will provide dietary care for campers with both diabetes and celiac disease.

Camp Sealth Provides:

- Program staff trained to deliver fun, safe, and supervised recreational activities and sports.
- Counselors trained to recognize specific diabetes care needs and help kids adapt to the Camp environment.

The American Diabetes Association makes every attempt to accommodate medical and/or emotional needs of campers. However, if we cannot meet your child's needs, the American Diabetes Association reserves the right to deny admission to Camp and we will refund your deposit.



APPLYING FOR CAMP IS QUICK AND EASY!

Completed applications are reviewed on a first come, first served basis. Incomplete applications or those without deposits will be returned. If you do not hear back in a few weeks, contact Alyssa Olsen at 206-282-4616 x 7202.

APPLY ONLINE

- Step 1: Visit www.diabetes.org/adaCampSealth and click on "Register for Camp".
- Step 2: Download, print out and complete the Supplemental Camp Application Forms. Send signed forms via U.S. Postal Mail to American Diabetes Association, 1730 Minor Ave, Suite 920, Seattle, WA 98101.
- Step 3: Complete remaining online application.
- Step 4: Submit payment for the non-refundable deposit and Camp fee online or mail a check made out to the American Diabetes Association with your completed Supplemental Camp Application Forms to the address above.
- Step 5: Watch the mail for an information packet from your local American Diabetes Association. This application and completed Supplemental Forms reserve a spot for your child.

APPLY OFFLINE

- To begin the offline application process:
- Step 1: Mail the completed Reservation Form in this brochure with the non-refundable deposit of \$55 to Camp Sealth, American Diabetes Association, 1730 Minor Ave, Suite 920, Seattle, WA 98101.
 - Step 2: Within a few weeks, you will receive a Camp Application packet.
 - Step 3: Complete and mail this Camp Application by 7/13/2009 with the remaining fee by 7/15/2009.
- Due to limited space, it's important to mail your complete Camp Application and payments due as soon as possible.